

# THE FIGHT

*develop a passionate purity for god*

## **GUIDELINES FOR LEADERS**

We believe that the most effective method for using 'The Fight' in your youth or young adult ministry is as follows:

### **1. INTRODUCING THE FIGHT**

We'd encourage you to introduce 'The Fight' as a program for the guys in your youth ministry. A great way of doing this is by holding a 'Fight Night'. Ensure your leaders are excited about the program so they communicate that same excitement to your guys as you launch it. If you can't get Roundabout Ministries in to do a 'Fight Night', please email us for some suggestions on putting on your own launch night. That night is simply about raising the issues of porn, sex, etc and our need for a battle plan if we're going to make choices that honour God and protect us and others in this area of our lives.

### **2. COPIES OF THE RESOURCE**

In launching 'The Fight' make sure you purchase enough copies of the resource for each guy in your ministry. We have purposefully discounted prices for bulk orders. Give a copy to each young person on the launch night and ask them to contribute to some or all of the price of the resource to help cover costs, (depending on your order size this may be as little as \$15 Australian). The only other similar resource that we're aware of throughout the world costs approximately \$150 Australian dollars. So they're getting an awesome deal considering 'The Fight' contains 2.5 hours of DVD footage, an accompanying 68 page Fight Plan Manual and a 14 song album. We have purposefully kept the price as low as possible because we want to get this resource into the hands of as many young guys as possible.

### **3. A 30 DAY JOURNEY?**

To get your guys into it, we suggest you just tell them that as a bunch of guys in the ministry "we're doing The Fight". Encourage them to start the journey the day after your Fight Night launch. The resource is set out as a 30 day journey, but we'd actually suggest that you spread it out a bit more than that! It's a big ask to get guys to commit to doing something every day for 30 days in a row and also there will be parts of the journey that will require some extra time and effort so we'd suggest that you actually aim to have your guys do between 3-5 days of the journey each week. At that rate, the journey is spread over a time frame of 6-10 weeks. The exact timeframe isn't so important, so long as you keep encouraging your guys to keep at it!

### **4. SMALL GROUPS ARE VITAL**

The other key to getting the most out of 'The Fight' is going to be tracking with the guys as they take the journey. We'd suggest weekly small groups where possible, where guys are encouraged to share how they're going, confess their stuff ups, push each other to keep working towards God's best for them, etc, etc. The greater sense of accountability and team that can be built throughout these times, the better environment for change that will be created for your guys and the greater benefits you'll reap in the wider ministry long-term.

### **5. POST- FIGHT**

After 'The Fight' resource has been completed by your group, we'd suggest continuing on with some form of accountability or small groups where guys continue to check in with each other on these issues. As you'd be aware, this stuff is not the sort of thing you can just deal with and be done with in 30 days – there's an ongoing battle that we need to keep fighting.